

Our Ref : AP/SKT

Date : 15th October 2009

Dear Parent/Carer

This letter is to update you on the situation at school with regards to swine flu,

We have, to date, had a number of likely cases of swine flu among staff and pupils that have been “remotely” confirmed i.e. by telephone contact with GP surgeries etc. Today, however, we received telephone confirmation that the Health Authority has identified, through clinical tests, a 15 year old student at the school who definitely has swine flu.

If you have any concerns that your son/daughter has swine flu you can contact NHS Direct on 0845 4647 or at www.Wales.nhs.uk They will check symptoms and may suggest a course of anti-viral drug treatment. If your son/daughter develops flu like symptoms it may be wise to keep them at home until their condition improves.

Certain groups are advised to contact their doctors directly if they think they may have swine flu rather than NHS Direct. These are : adults or children with underlying health conditions, pregnant women, children under 1 year of age, adults or children whose condition suddenly deteriorates.

It is important to point out that most people who have swine flu make a quick recovery. There is also much we can do to prevent infection being spread to others:

- covering noses and mouths when coughing or sneezing and using a tissue whenever possible;
- disposing of dirty tissues promptly and carefully;
- washing hands frequently with soap and hot water;
- cleaning hard surfaces to prevent the spread of germs;
- making sure your children follow this advice.

With good management we can all try to ensure that Cyfarthfa High School remains as free of swine flu as we are presently. I will keep you informed of any further developments.

Yours sincerely

A PRITCHARD
HEADTEACHER